



A national network of mutual support and self-help programs in partnership with communities and provides a friendly, supportive environment led by parents and other caregivers.

COP is evidence-informed, fostered by Prevent Child Abuse North Carolina, and provides a place where parents can connect with and learn from each other, with the reassurance and guidance of a professional facilitator.

The program involves group activities and topics created by the parent leader and the participants within the group.

## PROGRAM INFORMATION:

- For parents with school age children (6-12 years)
- Once a week for 35 weeks in person
- Incentives and Childcare provided

## **REGISTER FOR NEXT CLASS:**

Call/Text/email Emely Perez: 704.614.2443 or <u>eperez@thompsoncff.org</u>

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