



# Nurturing Parenting



## OUR NURTURING PARENTING PROGRAM

Nurturing Parenting is a group-based parent education and support program for those with children birth–3 years of age. The program is designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices.

### PROGRAM HIGHLIGHTS:

- Nurturing as a lifestyle
- Cultural Parenting Traditions
- Growth and Development of Children
- Understanding Feelings
- Managing Anger and Stress
- Understanding Discipline
- Rewards and Punishment
- Establishing Routines



**THOMPSON**  
Strengthening Children, Families & Communities

*Building nurturing parenting skills*



# Nurturing Parenting



Thompson Family Services is hosting the next  
“Nurturing Parenting” course

## **COURSE INFORMATION:**

- Once a week for 12 weeks
- Childcare is available
- Attendance Incentives
- Certificate of completion

## **TO REGISTER CALL/TEXT**

Family Services Center at 704-376-7180

Program Facilitators:



**THOMPSON**  
Strengthening Children, Families & Communities

For more information, contact Thompson Family Services  
at 704-376-7180 or go to [www.thompsoncff.org](http://www.thompsoncff.org)