



Thompson Psychiatric Residential Treatment



Thompson Psychiatric Residential Treatment Facility (PRTF) provides intensive clinical treatment for children within a safe, child-friendly living environment on our Saint Peter's Lane campus in Matthews, NC.

PROGRAM HIGHLIGHTS

- Utilizes clinicians in TF-CBT and DBT modalities based on the youth's needs.
- 24/7 supervised care and support.
- Each cottage can accommodate up to 6 children, each with their own bedroom and bathroom.
- Trauma-informed care and evidence-based practices.
- Relationship-based theoretical model.
- Healing, natural environment with spiritual life component.
- Evaluation of results and outcomes.
- A family peer partner provides support to the family throughout the program and the transition back to home.

Intensive residential treatment focused on child well-being outcomes and healthy family connections



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ADMISSION CRITERIA

- Male youth ages 7 - 13 years old.
- Female youth ages 6 - 13 years old.
- Not actively using and/or dependent on drugs or alcohol.
- IQ of 70 or above.
- Not for adjudicated sexual offenders.
- Not actively suicidal or homicidal.
- NC Health Choice or NC Medicaid as primary payer source.

The healing process begins through interactions with trained and committed Thompson staff, including individual psychotherapy sessions with licensed therapists and a child psychiatrist.

FAMILY PEER PARTNERS

Having a child in residential treatment can also be a difficult time for family members; our family peer partners have personal experience of this process, and are available to provide support throughout treatment and in preparing to welcome the child home upon completion.

- Help understand terminology and the treatment process.
- Helps family find their voice to advocate for their child and to get answers to questions and/or concerns.
- Helps create support networks at home, with training as required.
- Helps set things in place for child's long term success after treatment.

I am not alone - family support partners have been or are currently in our shoes, so they know how we are feeling and they are there each step of the way. Talking with someone that has been where you are makes you feel at ease and have some hope that things will get better.

~ Family Peer Partner Client



THOMPSON
Strengthening Children, Families & Communities

For more information, contact Thompson
at 704.376.7180 or admissions@thompsoncff.org
www.thompsoncff.org