



# Incredible Years



## **NEED NEW IDEAS FOR HELPING YOUR CHILD GROW AND LEARN?**

Incredible Years is a parenting program designed to support parents with children ages 3-5 years and 6-12 years.

### **PRESCHOOL PROGRAM:**

Strengthening the parent-child interactions and attachment, reducing harsh discipline and fostering parent's ability to promote children's social, emotional, and language development. Building school readiness skills—both educational and social.

### **SCHOOL-AGE PROGRAM:**

In addition to strengthening the parent-child interaction from above, parents learn how to monitor children after school, enforce rules, set up routines, help with homework, and learn positive discipline strategies to handle misbehavior.

The programs involve role-play activities, vignettes, motivation-based tools and more.



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## **Incredible Years School-Age Program (Live Virtual Class on Zoom for Parents with children ages 6-12)**

**Starting July 19th  
(Tuesday evenings from 6:30-8PM)**

### **COURSE INFORMATION:**

- Once a week for 14 weeks
- Childcare is available
- Attendance Incentives
- Certificate of completion

### **TO REGISTER CALL/TEXT**

Family Services Center at 704-376-7180  
Program Facilitators:

**Emely Perez & Vickiana Cummings**  
To Register text/call at  
**(980) 269-5888 or (704) 614-2443**



**THOMPSON**  
Strengthening Children, Families & Communities

For more information, contact Thompson Family Services  
at 704-376-7180 or go to [www.thompsoncff.org](http://www.thompsoncff.org)