



Early Childhood Mental Health



Trauma in a child's formative years can often lead to developmental, mental health and physical health problems later in childhood, adolescence, or adulthood. Through early intervention, many of these outcomes can be avoided, truly changing the trajectory of these children's lives.

By working upstream to bolster the mental health of these young children (ages 0-8 years) and their families, we can reduce child welfare involvement, and prevent higher levels of service needs later in life.

Early intervention has been proven to help prevent child abuse, improve mental health of children and caregivers, and prevent physical illness – both short and long-term.

EXPECTED OUTCOMES:



68%

improvement in
language skills



42%

improvement in child
behavior problems



64%

improvement in
caregiver depression

For more information, contact Thompson
at 704.376.7180 or therapy@thompsoncff.org
www.thompsoncff.org



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PROGRAM HIGHLIGHTS:

- Utilizes developmentally appropriate assessments and interventions
- Reinforces / strengthens child-parent relationship bond
- Provides practical tools for managing the child's behaviors
- Can be used to support managing child's classroom behaviors
- Reduce stressors in entire family's life

PROGRAM CRITERIA

- Supports infants and children aged 0 to 8 years
- Available to Medicaid and Blue Cross Blue Shield recipients
- Modalities used for this age group include Parent Child Interaction Therapy and Child Centered Play Therapy

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