

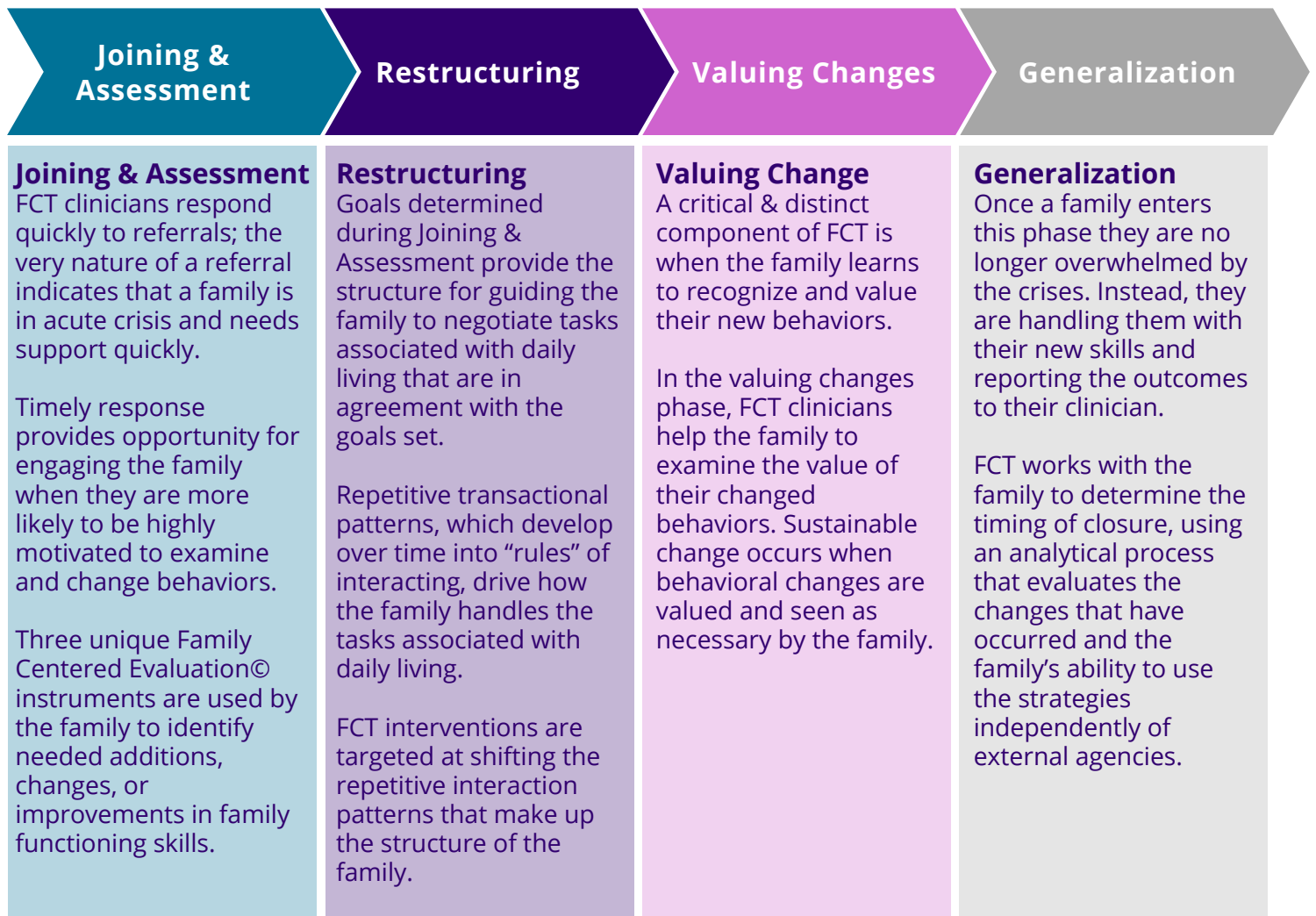


# Family Centered Treatment

*an evidence-based and well-supported trauma treatment model of home-based family therapy.*

**A home-based treatment to stabilize youth & families who have experienced trauma, and those experiencing complex mental health symptoms. The goal being to eliminate out of home placements and higher levels of care.**

*The family is empowered to set and achieve their own goals, with treatment intensity and duration customized to meet each unique family's needs. FCT is a four phase process that treats the family as a single unit - not as individuals.*



## Outcomes\*

*\* reflect admission policies that accept 98% of all referrals*

**Successful Engagement**  
**96%**  
*of all families referred have more than 5 direct contacts with their FCT clinician.*

**Keeping Families Together**  
**90%**  
*of families completing treatment maintain, or are reunified to family placement.*

**Treatment Goals**  
**91%**  
*of families report positive progress towards their primary treatment goals.*

