



**THOMPSON**  
Strengthening Children, Families & Communities

# PARENTING TOOL BELT Newsletter

MARCH 2023

## Establishing Consequences

As children get older, they express a desire for more independence. Part of independency is understanding the consequences of actions. Consequences teach children decision-making skills, a sense of responsibility, and the ability to learn right from wrong.



**1**

### Types of Consequences

- ✓ Natural consequences happen as a result of a child's actions with no adult intervention.
- ✓ Logical consequences are planned and thought out as a result of a behavior.
- ✓ Logical consequences are most effective if they are related to the behavior.

**2**

### Identify the Consequences

- ✓ Be specific about the behavior that will lead to the consequence.
- ✓ Choose consequences that are appropriate and where your child can understand the connection.
- ✓ Communicate consequences clearly and ahead of a time.
- ✓ Involve your child in discussing the consequences.
- ✓ When possible, give a warning before giving the consequence.

**3**

### Follow Through with the Consequences

- ✓ State the consequence in a polite and to the point manner.
- ✓ Give the consequence immediately after the behavior.
- ✓ Once the consequence is completed, quickly offer the child a new opportunity to be successful.

## Free or Low Cost Family Events:

### Charlotte, NC:

- [March 9th - Clayworks Family Friendly Workshop at David B. Waymer Recreation Center](#)
- [March 10th - Kid's Night Out at Eastway Regional Recreation Center](#)
- [March 18th - March 20th Creek Week at Stevens Creek Nature Center](#)
- [March 25th - Animal Meet and Greet at Quest Nature Center](#)

### Upstate, SC:

- [March 11 - Greenville St. Patrick's Parade and Festival at NOMA Square](#)
- [March 18th - Family Free Day at Spartanburg Science Center](#)

### Tampa, FL:

- [March 5th - Elmira's Wildlife Sanctuary Tour](#)
- [\\$6 Sundays at the St. Petersburg Museum of History](#)



Contact Thompson's Family Education department about programming if you would like to learn more information for your parenting tool belt at 704-376-7180.

