



**THOMPSON**  
Strengthening Children, Families & Communities

**child  
first**

## Supporting young children & families facing major adversity



### What is Child First?

Child First is a program that helps:

- Families overwhelmed by the behavior & emotions of their young children.
- Parents of children with developmental or learning delays.
- Families affected by trauma and other stressors.
- Reduce stress and provide access to needed services in the community.

### Program Overview:

- Designed for young children (0-5 years) and their families.
- For residents of Mecklenburg County and surrounding areas.
- Provides in-home visits once to twice a week, over a period of 6-12 months.
- Visits typically last 1-1.5 hours.
- Provided free of charge by your child's NC Medicaid health plan.
- Voluntary - you can stop services at any time.

### Child First Team:

Your care team will partner with you, listening closely to understand your needs and goals. The team consists of:

- **Family Resource Partner:** partners with caregiver to plan and connect them with needed services.
- **Developmental Clinician:** works with families to build parent-child relationships and promote healthy families.



#### HELPS

you to understand your child's feelings and help them manage their behaviors and emotions.



#### EMPOWERS

you to create a stable and nurturing home.



#### PROVIDES

you with services in your home.



#### CONNECTS

you and your family to needed services to help reduce stress in your life.



#### STRENGTHENS

the bond between you and your child to create healthy, lasting relationships.



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