



Thompson Short-Term Crisis Stabilization Care



A program to provide short-term residential care, stabilization and assessment services to **youth experiencing crisis, and in need of immediate placement.**

These children are typically involved in the child welfare system, have few natural supports and are without a place to live.

Thompson is well equipped to provide residential care within our safe, supportive living environment at our Matthews and Fayetteville, NC campuses, while the child is stabilized, treatment plans assessed and long term placements are solidified.

PROGRAM PROVIDES:

- Short term residential care and therapy with transition towards successful long-term placement.
- Simplified referral and admission process, expanding to after business hours.
- Intake assessments to ensure timely mental health treatment/services to help stabilize the child.
- Programs to address placement needs, whole health improvement, educational tutoring, positive social interactions, self regulation, and other life skills.

*Meeting the need of children in crisis to transition
back to community-based care*



Thompson Short Term Crisis Stabilization Care

PROGRAM CRITERIA

- Short-term care - typically up to 45 days.
- Male and female youth ages 10-17 years old.
- Youth currently involved in the child welfare system.
- Youth in crisis with need of immediate placement.
- Capacity to serve up to 22 youth at any one time.
- Serves children from all over North Carolina.

PROGRAM PRINCIPLES

- Youth guided therapy - giving youth a voice in their treatment.
- Primary clinical models utilized within the program is CBT (Cognitive Behavioral Therapy), Solution-Focused Therapy, and Person-Centered Therapy.
- CARE-Based Model: Developmentally Focused, Family Involved, Relationship Based, Competence Centered, Trauma Informed, and Ecologically Oriented.
- Use of Medicaid insurance and other funding streams leveraged to ensure access to robust services, such as: Person-Centered Treatment Plans and linkage to appropriate long-term treatment.

Currently no such program exists - leaving children already in crisis with additional uncertainty, trauma and lack of support and treatment. This program fills that gap, and helps youth transition successfully back into our communities.



THOMPSON

Strengthening Children, Families & Communities

For more information, contact admissions at
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