



**THOMPSON**  
Strengthening Children, Families & Communities

# TOP TIER TALENT



*I help support healing, hope + resiliency.*

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## **What is your name and position at Thompson?**

*My name is Olivia Gott, I currently hold my LCSW-A license in North Carolina. I started my career in mental health as an Intensive In-Home Team Lead Therapist with Thompson in July 2023. This past fall, I moved to a role on our Outpatient Mental Health team. Within my first year working at Thompson, I have found that my clinical skills and knowledge have strengthened, and as a young clinician relatively new to the field, that is truly all I can ask for.*

## **What 'superpower' do you bring to this role?**

*I'm really good at confronting my clients' state of ambivalence with them. I think it's really key and is something that all therapists should be comfortable with doing.*

## **What's your favorite thing about the Thompson culture?**

*Thompson has allowed me to network with so many people in many different departments. I learn from every person I interact with and for that I am grateful.*

## **What are you most proud of about your work at Thompson?**

*I feel like there's this huge misconception about mental health therapists, which is that we have all the answers or that we know everything. My favorite part of the work I do and what makes me most proud is witnessing my clients tap into different parts of themselves, their internal systems and discovering answers that they might be searching for on their own. My clients probably think they learn so much from me but it's quite the opposite...I learn so much from them!*

## **If you could sum up your employment with Thompson with a quote - what would it be?**

*'Winning without ethics is losing' ~ Unknown*



*Investing in careers*  
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