THOMPSON Strengthening Children, Families & Communities

Short-Term Crisis Stabilization Program



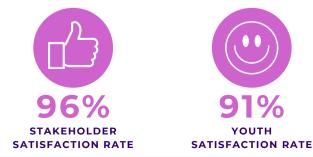
This program provides short-term residential care, stabilization and assessment services to **youth experiencing crisis**, and in **need of immediate placement**.

These children are typically involved in the child welfare system, have few natural supports, and are without a place to live. Thompson can provide residential care within our safe, supportive living environment at our Matthews and Fayetteville, NC campuses, while the child is stabilized, treatment plans assessed, and long-term placements are solidified.

Program Criteria:

- Short-term care typically up to 45 days.
- Male and female youth ages 10-17 years old.
- Partnerships with Alliance, Vaya (male and females beds available) Partners (male beds available)
- Youth currently involved in the child welfare system.
- Youth in crisis with need of immediate placement.
- Capacity to serve up to 22 youth at any one time.

Program Satisfaction 23/24 FYTD



Program Provides:

- Short-term residential care and therapy with transition towards successful long-term placement.
- Simplified referral and admission process.
- Intake assessments to ensure timely mental health treatment/services to help stabilize the child.
- Support to address placement needs, whole health improvement, educational tutoring, positive social interactions, self regulation, and other life skills.

Program Principles:

- Youth guided therapy giving youth a voice in their treatment.
- Primary clinical models utilized within the program is CBT (Cognitive Behavioral Therapy), Solution Focused Therapy, and Person-Centered Therapy.
- CARE-Based Model: Developmentally Focused, Family Involved, Relationship Based, Competence Centered, Trauma Informed, and Ecologically Oriented.
- Use of Medicaid insurance and other funding streams leveraged to ensure access to robust services, such as: Person-Centered Treatment Plans and linkage to appropriate long-term treatment.



For admissions questions contact Matt Fagan at <u>mfagan@thompsoncff.org</u> or submit referral to MCO

