



# TOP TIER TALENT



*I help support healing, hope + resiliency.*

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**What is your name and position at Thompson?**

*My name is Parker Tompkins and I am a residential therapist, primarily in the Crisis Stabilization Program. I began in this position in July of 2023*

**What 'superpower' do you bring to this role?**

*The superpower I bring to this role is my eclectic therapeutic style. At Thompson, no day is the same, and no client comes in with the same story. It is very important to be adaptable and be able to meet clients where they are in order to provide effective interventions.*

**What's your favorite thing about the Thompson culture?**

*My favorite thing about the Thompson culture is that there are elements of the various programs that attempt to restore a sense of normalcy into clients' lives, through therapeutic activities, equine therapy for my Williamson girls, plenty of outdoor time, etc.*

**What are you most proud of about your work at Thompson?**

*I am most proud of my ability to provide psychoeducation about trauma and the impact that it has on the brain and body. For many of my clients, it is really important for them to gain an increased understanding of how they got into this position, why they display certain behaviors, etc. Understanding is always the first step towards being able to make a positive change.*

**If you could sum up your employment with Thompson with a quote - what would it be?**

*"The measure of intelligence is the ability to change/adapt." - Stephen Hawking*

