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## Family Education Services

### Nurturing Parenting®

#### Overview

Nurturing Parenting is a group-based parent education and support program designed to build nurturing parenting skills as an alternative to abusive and neglecting parenting and child-rearing practices.

**0-3 years**



#### Length of Class

Participants join weekly two-hour sessions for **12 weeks.**

### The Incredible Years®

#### Overview

An evidence-based program designed to support parents in strengthening the parent-child interactions and attachment, reducing harsh discipline, and fostering a parent's ability to promote children's social and emotional skills.

#### Length of Class

Participants join weekly two-hour sessions for **14 weeks.**

**3-12 years**



### Active Parenting for Teens

**13-18 years**



#### Overview

Actively Parenting is a group-based parent education and support program for those with children 13-18 years of age designed to help parents raise teens to be responsible, courageous, and prepared for independent life.

#### Length of Class

Participants join weekly two-hour sessions for **6 weeks.**



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### Triple P – Positive Parenting Program

#### Overview

Simple and practical strategies to help parents build strong, healthy relationships, confidently manage their children's behavior, and prevent problems developing.

0-12 years



#### Length of Class

Participants join weekly two-hour sessions for **8 weeks**.

### Circle of Parents

6-12 years



#### Overview

A national network of mutual support and self-help programs in partnership with communities and provides a friendly, supportive environment led by parents and other caregivers.

#### Length of Class

Participants join weekly two-hour sessions for **35 weeks**.

### Wisdom Circle

#### Overview

A national network of mutual support and self-help programs in partnership with communities and provides a friendly, supportive environment led by grandparents and other caregivers.

#### Length of Class

Participants join weekly sessions.

0-5 years



### Register for classes



[fsreferrals@thompsoncff.org](mailto:fsreferrals@thompsoncff.org)



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### Safe Child Education Program

FOR PARENTS CITED FOR LEAVING THEIR CHILD(REN) UNATTENDED IN A VEHICLE OR HOME OR CITED WITH A VIOLATION OF THE CITY/COUNTY YOUTH PROTECTION ORDINANCE.

#### Requirements to participate:

- Contact Thompson to register for the required class.
- Provide a copy of the citation to Thompson, PRIOR to attending class.
- Attend and participate in the class which is occurs on the 4th Wednesday of every month from 9:00 am – 12:00 pm at Thompson.
- Successful completion of the class may allow for dismissal of your case. To determine if you qualify for this benefit, please contact your attorney or the District Attorney's Office.

### Family Partners

HELPING PARENTS FIND THEIR VOICE

Thompson's Family Partners program is a unique form of **peer support** that helps provide **coaching, guidance and compassion** to parents who are experiencing challenging times and are involved in the Child Welfare system. In partnership with Mecklenburg Court and Department of Social Services, Family Partners, are passionate and talented professionals who have had personal lived experienced in the child welfare system. Their ability to personally relate helps them form connections with **parents who are currently navigating the Child Welfare system.**

This program **helps parents find their voice, navigate a challenging system, and take the steps necessary to keep their family whole.** Family Partners provide support during CFTs and if needed, can provide **ongoing support up to 3 months (90 days).**

### Register for classes



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