# **Program Services**





# **EARLY CHILDHOOD**

Child Development Center Clanton Road, Charlotte, NC

Five star, high-quality child development center with an emphasis on family support and developmentally appropriate practices for children six weeks old to five years.



## FAMILY SUPPORT

Child Welfare Case Management Hillsborough County, FL and Upstate SC

Child welfare case management program with goals to stabilize, connect to services, and create permanency plans specific to the youth in foster care and experiencing out-of-home care.

**Family Education** 

An array of evidence-based and evidence-informed education classes for parents/caregivers with children of various ages, aimed at creating a strong foundation for successful parenting.

**Family Partners** 

A team of caring peer support partners with lived experience who guide other parents through navigating the child welfare systems.

#### **Foster Care Services**

- Private foster homes located across North Carolina providing basic, therapeutic, and respite care to youth & 24/7 support and evidence-based training to foster parents.
- -Teen Supports Foster Care: A short-term (90-120 days) intensive, community-based treatment foster care focused on serving high-risk teens with a 5-person support team to prevent the need for residential care.

#### Friends of the Children - Charlotte

Evidence-based life navigation program that provides a salaried, professional mentor to Charlotte's most at-risk youth for 12.5 years, no matter what. With our two-generation approach, we are leveraging our proven model to impact generational change for both youth and caregivers.

### **School-Based Case Management**

School-Based Case Management program focuses on helping families achieve housing, childcare and employment goals by providing the connection to the resources they need.

Thompson Placement Stability Unit (TPSU)

A program for difficult-to-place teens with a team committed and equipped to bring stability into their story. In partnership with DSS, each team is customized to address the needs of the community it serves.













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# **MENTAL HEALTH**

### Family Centered Treatment (FCT)

Home based treatment to stabilize youth ages 5-18 and their families who have experienced trauma, and/or complex mental health symptoms. The goal being to eliminate out of home placements and higher levels of care.

## Intensive In-Home (IIH)

A high-intensity, home-based service which works with youth ages 5-18 and their families multiples times per week in their home and community with concentrated help to achieve family stability and prevent out-of home placement. 24/7 on-call support is also provided.

## Multisystemic Therapy (MST) South Carolina

An evidence-based practice for youth ages 12-17 based on the principle that behavioral problems are due to multiple factors; MST uses multiple therapies and approaches simultaneously to resolve them.

#### Outpatient Therapy Services Available in person and virtual

- Individual, family, and group counseling, and high quality clinical assessments.
- School-based Therapy available for school aged youth provided during the instructional day at select Charlotte-Mecklenburg Schools.

Available through private insurance & Medicaid.

#### **High-Fidelity Wraparound**

An evidence-based model that helps empower youth ages 5-20 and families to find their voice and develop the skills necessary to successfully navigate various systems such as juvenile justice, child welfare and the school system. Wraparound approaches their work from the philosophy of "Do for, do with, cheer on!"



## RESIDENTIAL

## Enhanced Residential Treatment Center (ERTC) North Carolina

Short-term 24/7 therapeutic care for youth ages 11-17 diagnosed with a mental illness, providing Family Centered Treatment and/or High-Fidelity Wraparound to youth and their families prior to their return to home environment.

# Psychiatric Residential Treatment Facility (PRTF) North Carolina

Our Adira program provides therapeutic support to adolescent females ages 12-17 diagnosed with a mental illness and involvement in human trafficking.

#### Crisis Stabilization Program (CSP) North Carolina

A short-term stabilization and assessment service to youth ages 10-17 experiencing crisis, and in need of immediate placement. These children are typically involved in the child welfare system, have few natural supports, and are without a place to live.











