

Outpatient Mental Health

We understand. We all face times of difficulty and struggle. When you need help, Thompson Outpatient services is here for you.

Our professional staff is committed to providing a safe and caring environment where trust is the cornerstone for sharing and healing.

Thompson is here to help when life gets hard, empowering you to build a life of optimism, strength, and hope.

Program Highlights

- Variety of specialties treated
- Flexible evening hours
- Talented and passionate licensed counselors (LCSW/LCSWA, LPC/LPCA or LMFT/LMFTA)
- Telehealth
- Evidence-based model therapy available
 - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) available



Program Outcomes FY 23/24



92%

Youth
Satisfaction



92%

Participants report
positive relationship
with their therapist



91%

Mental Health
Gains