

evidence-based practices

Investing in what works



prevention

- Circle of Parents Support Groups
- Creative Curriculum (Teaching Strategies GOLD)
- Friends of the Children
- Incredible Years
- MiiWrap
- Nurturing Parenting
- Pyramid Model (TPOT)
- Triple P



mental health

- Children and Residential Experiences (CARE)
- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Family Centered Treatment (FCT)
- High-Fidelity Wraparound
- Motivational Interviewing (MI)
- Multi-Systemic Therapy (MST)
- Therapeutic Crisis Intervention (TCI)
- Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)



foster care

- CORE Teen
- National Training and Development Curriculum (NTDC)
- Together Facing the Challenge
- Trauma Informed Partnering for Safety and Permanence – Model Approach to Partnerships in Parenting (TIPS-MAPP)
- Trust Based Relational Interventions (TBRI)
- Why Try